

REACH Volleyball Club Player/Parent Club Handbook

2019-2020 Club Season

Welcome to REACH Volleyball Club, a member of the Junior Division of USA Volleyball, in the Puget Sound Region. This handbook is for our players and parents to have access to information about the Club and to help answer questions that may arise throughout the season.

If at any time you need more information or have questions, please contact a club director by email at reachvolleyballclub@gmail.com or call 253-271-9220.

You can also find valuable information at: <http://www.psrvb.org/girls>

Mission Statement

To provide athletes with comprehensive mental and physical training with a highly experienced coaching staff to enable our athletes to R.E.A.C.H. (Respect, Effort, Accountability, Character, Honor) and exceed their potential in both volleyball and life. Our coaches and administrative staff strive to provide a safe, positive, encouraging and rewarding environment while maintaining an emphasis in areas of hard work, mental and physical strength, commitment, sportsmanship, teamwork and character development.

REACH Volleyball Club Leadership

REACH Volleyball Club is a not for profit corporation with the state of Washington supported by a Board of Directors. REACH Volleyball Club's board consists of 2 members: Sean Draper and Jessica Mays.

REACH Volleyball Club follows the USA VOLLEYBALL PARTICIPANT CODE OF CONDUCT for ALL participants.

Coaching Staff

One of our goals at REACH Volleyball Club is to provide experienced, quality coaches for our programs. All coaches will be IMPACT certified, Safe Sports certified and registered with the USAV as a coach and will have a complete background check. We will strive to match coaches with teams based on experience, knowledge, abilities, and personality.

Registration

Players and Parents must complete the following before being allowed to participate in any REACH Volleyball Club event (excluding tryouts):

- Signed 2019-2020 REACH Volleyball Club Contract
- Signed 2019-2020 USAV Puget Sound Region Commitment Letter
- USA Volleyball Puget Sound Registration Form
- USA Volleyball Medical History and Release Form
- Puget Sound Region Concussion Awareness and Cardiac Arrest Form

Registration and Eligibility

The USAV defines age groups for training and competition. The age division breakdowns are as follows.

USA Volleyball Junior Player Age Definition

For Use during the 2019-2020 Season

To determine the correct age division. Please find the Month of Birth in the left column and then the Year of Birth in the same row. The heading of the column matching the Year of Birth is the correct age bracket.

	18 & Under ¹	18 & Under	17 & Under	16 & Under	15 & Under ²	14 & Under	13 & Under	12 & Under	11 & Under	10 & Under	9 & Under	8 & Under
Sept	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011
Oct	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011
Nov	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011
Dec	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011
Jan	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Feb	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Mar	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Apr	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
May	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
June	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
July	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Aug	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012

¹ Player who was born on or after September 1, 2000 and is a high school student during some part of the current academic year

Financial Commitment

Fees go towards paying USAV Club registration and insurance, gym and facility rental, coaching stipends, jerseys and equipment costs, tournament registration fees and coach's tournament travel costs.

In order for REACH Volleyball Club to execute their annual plan, we must adhere to our budget. If a family decides to voluntarily withdrawal from the club for personal reasons or is removed for violation of USAV or REACH Volleyball Club rules on or after January 1, 2019, they will be responsible for the balance of their dues. Once you sign your player contract and pay your down payment, you are committed to the season with REACH Volleyball Club. Should you withdraw before the season is over, you will not be entitled to any refunds of money already paid.

Failure to complete the payment schedule as agreed upon by the player contract can render the athlete ineligible to compete with REACH Volleyball Club until the balance is paid in full. It should also be noted that it is the Puget Sound Region policy that players that are not in good standing with their previous clubs will not be allowed to participate in subsequent seasons for any club until they are in good standing.

Under no circumstances should coaches collect money for payment of dues. REACH Volleyball Club administrators will be available at various practices to collect monthly payments but you do have the option to pay online or mail your payment to our PO Box.

Circumstances that prevent a player from participating (injury, schedule, conflict, suspension, etc.) do not dismiss the financial obligation to the club.

In the case of an 18 year old signing their contracts with REACH Volleyball Club, we will require their parents to act as a co-signer on all registration paperwork requiring a financial commitment.

Fees

A \$550 deposit will be due at your signing date; the remaining amount will be split into monthly payments to be paid by the end of the season (6 month payment options are available).

Team	Dues	Payment Schedule
U14 Green	\$2,450	\$550 Deposit in November <u>5</u> payments of \$380/month
U15 Green	\$2,750	\$550 Deposit in November <u>5</u> payments of \$440/month
U16 Blue	\$2,650	\$550 Deposit in November <u>5</u> payments of \$420/month
U16 Green	\$2,850	\$550 Deposit in November <u>5</u> payments of \$460/month
U17/U18 Green	\$2,850	\$550 Deposit in November <u>5</u> payments of \$460/month

Fees go towards paying USAV Club registration and insurance, gym and facility rental, coaching stipends, uniform and equipment costs, tournament registration fees and coaches' tournament travel costs.

REACH Volleyball Club will accept cash, check (made payable to REACH Volleyball Club) or Credit Cards. Payment reminders may be sent out via email. Invoices will not be mailed.

Monthly payments are due by the 5th of each month. Any payment received after the 15th of the month will be considered "late" and a late fee of \$15.00 may be applied to the balance.

Any checks returned due to insufficient funds will be charged a \$35.00 fee. This fee must be paid prior to the player participating in any additional practices or tournaments.

If a need arises, and special payment arrangements become necessary, REACH will do everything possible to assist in such arrangements. If a special payment arrangement is needed please send a request, in writing, to the Club Administrators explaining the specific installment amounts and dates of payment. The Club Administrator will present the request to the Board of Directors and send a written response with an addendum contract to be signed by the applicant if such payment structure request is approved.

Families with more than one child playing for REACH Volleyball Club will receive a \$100 discount for the second child's dues for the year.

Uniform and Equipment

New this year the club is only responsible for the jerseys and practice shirts, as these will only be provided by REACH Volleyball Club. They will consist of 2-3 game jerseys, 2-3 practice shirts. The cost of jerseys and practice shirts are included in your club dues.

Players will receive a link to an online athlete's package that will consist of spandex, warm-up suit (pants & jacket), and a team backpack. Socks, knee pads and shoes will also be available for

purchase but not required. The athlete's package will require a separate payment directly to our uniform supplier.

Proper care of the uniforms is each player's responsibility. Parents are asked to review and follow the care instructions on labels to ensure that all the gear is in the best condition possible for the season.

Time Commitment

The 2019-2020 season runs from November 2019 to April or May 2020. Practices will begin in November and tournaments will begin in January. Players are expected to be committed to attending practices and tournaments scheduled by REACH Volleyball Club. Schedules will be handed out to each participant and also available online at <http://reachvolleyballclub.com/>.

Each team will have different tournament schedules.

Practices

You are required to be on time to practices. REACH Volleyball Club requires you to call your coach if you will be late to or will miss practice. If you do not call your coach to explain the reason you are late or absent prior to the incident, you will be considered unexcused. A player's absence has a negative effect not just on the athlete individually, but on the entire team.

Unexcused absences may result in loss of playing time in an upcoming tournament. Please arrive at practice 15 minutes early to ensure that you have adequate time to prepare and be ready to step on to the court at the scheduled practice time.

The coach has the right, at any time, to discuss with the player/parent/director any problems that continually occur with attendance times and missed practices. Coaches may enforce other team rules for practice and tournaments that players are expected to follow.

Lack of practice attendance may affect playing time at tournaments and missed training time may affect the well-being of the team and the individual's own skills advancement.

In the case of inclement weather, coaches will contact players at their preferred contact number to notify them of practice changes and/or cancellations.

Tournaments

Each team will play between 10-20 regional tournaments days.

Time played at tournaments is earned and not always given out equally. Practice is where the athletes learn and grow in skill development. Participation at practice helps determine tournament play time.

Tournaments are on Saturdays or Sundays and last the entire day. All players are expected to be in the gym, ready to warm up, at the arrival time determined by the coach. REACH Volleyball Club standard is one hour prior to the first game regardless of if you play or referee. Please plan travel time accordingly. Specific information on each tournament is not typically available until the week of the tournament.

For liability and insurance reasons, REACH Volleyball Club coaches, directors and administrators cannot be responsible for any transportation to or from any tournaments or practices.

Officiating and scorekeeping are integral parts of participating in volleyball tournaments. All players and coaches must attend one (online or in person) officiating clinic per season. Parents are encouraged to attend also. Officiating at tournaments is a shared responsibility for the entire team. If your team is officiating, other players may not leave the tournament site unless excused by the coach.

Travel

Travel expenses are the responsibility of each family. If travelling out of area, all team members will be required to stay in the same hotel. A block of hotel rooms will be reserved by REACH Volleyball Club or the team parent in order to secure a group rate. It is the responsibility of each family to call and book one of the rooms reserved in REACH Volleyball Club's name.

Upon arrival at the hotel, coaches will establish a curfew time for players. It is the responsibility of parents and chaperones to assist in enforcing these curfews. Players will not leave the hotel without a chaperone and must adhere to the coach's set curfew time. Any player found in possession of or to have used alcohol, tobacco (in any form including e-cigarettes and vaping) or other controlled substances while representing REACH Volleyball Club will be sent home immediately at the expense of the parent or guardian. Violation of any of these travel policies may result in expulsion from the club.

Club Directors may, at their discretion, send a player home at the expense of the parent or guardian for violation of any USAV/club policy or rule.

Player Expectations

Players are expected to adhere to all City, County, State and Federal Laws as well as all USAV rules and regulations. Violations of these laws or rules/regulations may result in expulsion from the club.

Additionally players are expected to:

- ✓ Be a team player; the team comes first, always and no matter what.
- ✓ Have a positive attitude at all times; encourage and support your teammates to the best of your ability whether you are on the court or on the sidelines.
- ✓ Demonstrate strong club/team spirit and pride.
- ✓ Be a leader on and off the court.
- ✓ Stay focused, mindful, and display a strong work ethic at every practice and tournament.
- ✓ Always show respect to all teammates, parents, coaches and officials.
- ✓ Do not provide, use, or condone the use of tobacco products, alcoholic beverages, or recreational drugs. Do not remain in a location where this kind of activity is taking place. The use of any illegal substance will not be tolerated.
- ✓ Clean up after yourself (gyms, cars, hotels, restaurants, schools, etc.).
- ✓ Be the kind of teammate you would like to have beside you. Find ways to make your teammates better at every opportunity and celebrate team successes.

REACH Volleyball Club Directors reserve the right to place player on probation or suspension for violation of any rules or regulations. Probation results in the ability of the player to practice with the team, but not participate in tournaments. A suspension may result in the player not participating in practice or tournaments for an agreed upon amount of time.

Multiple Sport Athletes

REACH Volleyball Club expects our players to make a commitment to their team for the season. We are aware that our athletes may also play other competitive sports during the club volleyball season. We believe that being a well-rounded athlete is vital to your development. However, any athlete that chooses to play in a school or other club sport during our club season must sit down with their parents and coaches to determine the following factors:

- ✓ Identify which sport has priority when there is a conflict.
- ✓ Consider the time commitment required to be successful in each activity.
- ✓ Compare schedules and determine the number of practices and tournaments they will miss, need to leave early for, or be late to.
- ✓ Consider the physical and mental strain they might endure.
- ✓ Assess how their other extracurricular activities will affect their contribution to the team as a whole and how it may affect their playing time.

All athletes must disclose intended extracurricular activities to the coaches during the selection process and prove that their club volleyball team will be a high priority. The coach will then have discretion as to whether or not to accept a multi-sport athlete onto their roster.

Parent Code of Conduct for Tournaments and Practices

Parent participation is essential for the success of the teams and individual athletes. Active and responsible parents also contribute to the positive image of REACH Volleyball Club within the community.

REACH Volleyball Club is responsible for the actions of their players, coaches, parents, and spectators. Please adhere to the following guidelines for tournament etiquette:

- ✓ *Respect*: Please be respectful to all players, coaches, officials, linesman, scorekeepers, other teams, parents, etc. In the case of repeated negative behavior, REACH Volleyball Club reserves the right to restrict the attendance of spectators at tournaments. If parents do not cooperate, the club may have no other choice but to dismiss the player from the team.
- ✓ *Cheer*: Cheer for your team and its players! Do not be negative about the players, the coach, or the other team at any time.
- ✓ *Don't Coach from the sidelines*: There is a big difference between cheering for the team and attempting to coach from the bleachers. Leave the coaching to the coach.
- ✓ *Don't approach the officials*: Please do not ever approach, or yell at any of the officials, lines persons, or scorekeepers at a tournament. If a discrepancy occurs, let the coach deal with the problem.
- ✓ *Communicate with the coach at appropriate times*: You should always feel free to talk to the coach. But, please remember that there is an appropriate time and place to discuss an issue with the coach. Tournaments are not the time to do this.

Team Parents

REACH Volleyball Club needs to have 1 (one) parent per team to handle team email communications and food table organization for tournaments. Team parents will be required to attend each tournament as they will be responsible for setting up the food table and tent if necessary.

Grievance Procedures

Competitive team athletics, by its very nature, creates an environment where athletes, parents and/or coaches may not be in agreement with all decisions made. Knowing when and how to communicate with the coach or Club Director is a concern for almost every parent at some time during the season. Most often the concern is how to inquire about issues surrounding playing time.

Athletes are encouraged to communicate with their coaches. Athletes are expected to discuss any issues concerning playing time or any other volleyball related subject with their coaches first before escalation is needed.

Parents are encouraged to communicate with the Club Director only after exhausting all the recourses to resolve the problem.

Coaches are not required to defend his/her thought process or conclusions at any time during the season.

Coaches are instructed not to engage in controversial discussions during tournaments. If a coach is approached during a tournament, he/she has been instructed to: politely decline to discuss any controversial matter or to refer the parent to a Club Director.

Parents and athletes are to adhere to the following grievance process:

1. The athlete meets with the coach to discuss the matter. If the matter is not resolved or the athlete has a reasonable concern about speaking to the coach, please proceed to step two.
2. The parent meets with the coach to discuss the matter. If the matter is not resolved or the parent has reasonable concern about speaking to the coach, please proceed to step three.
3. The parent meets with the Club Director. In certain situations, the Club Director may ask either the coach or athlete (or both) to attend the meeting.
4. All decisions and recommendations by REACH Volleyball Club and the Club Director are final and not subject to appeal.

The recommended time for a parent and/or athlete to meet with a coach is immediately after a scheduled practice.

It is inappropriate for an athlete or a parent to approach other REACH Volleyball Club members about a problem the athlete or a parent is having with a coach, about objections to coaching, or administrative decisions. For the health of the teams and the Club as a whole, grievances must be handled via the grievance process outline above.

REACH Volleyball Club strongly promotes fairness and believes in open communication. All issues and concerns are immediately addressed with the athlete's well-being in mind.

REACH Volleyball Club is dedicated to keeping an open line of communication between all involved. We want the players/parents to feel comfortable with our staff. We are here to make this season enjoyable as well as a great learning and growing experience for your athlete.

Insurance Coverage

It is the responsibility of parents to ensure that their athlete is covered by medical insurance. Volleyball is like any other sport - the risk of accidental injuries is inherent in the nature of these activities. These risks include, but are not limited to, the potential for injury, accidents or illness while traveling to and from competition sites, while participating in the various program activities, and while playing volleyball.

We attempt to minimize the existing risks through use of proper sports equipment, proper facilities, and sound safety practices.

Participants must obtain a physical exam in order to participate. It is the responsibility of the parent to supply a copy of your player's current years school physical, and will need to be turned in prior to the first practice.

PLEASE NOTE: Your registration with USAV includes supplemental insurance coverage. For more information follow this link: <http://psrvb.org/information-insurance>

MAAPP Summary

The goal of Minor Athlete Abuse Prevention Policies is to limit one-on-one interactions with minor athletes--interactions with minors should be observable and interruptible. Any violation of MAAPP is reportable.

The policy covers six areas:

- Limiting one-on-one interactions, including meetings and individual training sessions
- Massages and rubdowns/athlete training modalities
- Locker rooms and changing areas
- Social media and electronic communication
- Local travel
- Team travel

Questions regarding map should be directed to safesport.general@usav.org.

REACH Volleyball Club reserves the right to amend this player/parent handbook. In the event that the handbook is altered, athletes and parents will be notified.